Gresford Public School

ANTI BULLYING POLICY

“All members of the Gresford Public School Community have the right to enjoy a safe and happy school environment where co-operation and positive interactions are encouraged, people are valued and property is respected.”

What to do if you are being bullied

You can control what happens
Do not retaliate by using physical or verbal bullying. Do not show fear. If you don’t show fear the bully is no longer rewarded and bullying may stop then.

You have to decide what action to take.

Step 1. Ignore It: Show that it does not upset you. The harasser is then not rewarded and the harassment may stop.

If it does not stop:

Step 2: Talk to the person bullying you. Tell her or him in a firm, clear voice that the actions are unwanted. It might stop them.

If bullying continues:

Step 3: Go to a teacher and report what has happened. They can help you decide what to do.

If the bullying still does not stop:

Step 4 Approach the Principal. Allow this person to take the action they see as necessary.

It is right to report bullying.

Consequences

If you bully someone, one or more of the following will occur:

- you will engage in discussions about the behaviour with a staff member.
- you will be removed from the classroom/playground to consider more appropriate behaviour.
- you will lose privileges.
- you will offer apologies.
- you will be banned from the facilities/property you have misused.
- you will lose your own time (detention).
- you will discuss your behaviour with the Principal. Your parents may be informed.
- you will be suspended.

Remember

* It is your right to tell someone if you or your friends are being bullied.
* Do not retaliate with physical or verbal abuse.

Programs:

Gresford Public School implements an explicit Anti-Bullying Program and a whole school Values Program. We have a Conflict Resolution Program and a positive behaviour reinforcement program. We have class-based Personal Development and Child Protection Programs. We have weekly class meetings and a Student Leadership Program. We have an active Learning Support Team Program.
KINDS OF BULLYING

Bullying is ongoing verbal, psychological and/or physical attacks against a person or group of people. It is meant to hurt physically and/or emotionally.

This can be done by an individual or by a group gathering together to bully someone.

Physical

- Hitting, punching, chasing, jostling, pushing, spitting or sexual abuse.
- Frightening others by threatening these actions against them.
- Hiding, damaging or destroying the property of others.

Non-Physical bullying

- Hiding, damaging or destroying the property of others.
- Using offensive names, making suggestive comments or other forms of sexual harassment.
- Making degrading comments about another’s culture, gender, religious or social background.
- Ridiculing a person or making hurtful comments about his or her body or face.
- Writing crude notes or crude drawings about others.
- Spreading rumours about people or their families.
- Belittling another person’s abilities or achievements.
- Deliberately isolating a student.
- Daring, bribing or manipulating another person.
- Invading other children’s space.

YOU ARE BULLYING TEACHERS OR STUDENTS IF YOU:

- single out another person for unfair treatment.
- spread rumours about another person.
- stalk another person.
- tease or abuse others.
- repeatedly act disrespectfully to your teachers and disrupt the learning in your class.
- take part with a group in helping to insult others.
- condone bullying of others by laughing, standing by and watching, or by failing to intervene.
- threaten others.
- write notes or graffiti about another person.
- damage, hide or destroy the property of others.

ABOUT THOSE WHO BULLY.

These people try to feel better by “putting others down”. They often seek to have a group around them to feel safer. Those in the group are sometimes frightened that if they do not join in, the bully might turn on them.

If you are not being bullied, but are aware of others who are - YOU CAN DECIDE TO DO SOMETHING ABOUT IT AND HELP TO PROTECT OTHERS.

- If you are part of a bullying group it is better to change your friendship grouping now rather than go on hurting others.
- Those who bully need help too. That is why it is best that you report bullying so that something will be done about it.
- Always challenge/report bullying behaviour.